

# Reading/Reference List of Books for NMT Practitioners

These books are generally available from any medical, or chiropractic college bookstore. They are also available from Amazon.com. My personal favorites are Guyton's Textbook of Medical Physiology, or Ganong's Review of Medical Physiology. Callander's Illustrated Physiology is very good, and is graphical. It may be out of print; but used copies are available. All of Frank Netter's work is superlative and represents the best in medical illustration, where one picture is worth many pages of text.

Sheldrake's books provide some background in the area of morphic fields which suggest a plausible explanation for how MRT works. Lynn McTaggart's book is wonderful, and very well footnoted. Preparation for the seminar should focus on anatomy, neuroanatomy, physiology, and neurophysiology, and energetics.

Asterisks note publications I have found to be particularly valuable

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## **Energetics, Morphic Fields, Zero-Point Field:**

\*\*\*\*A New Science of Life by Rupert Sheldrake (Paperback - March 1995) Avg. Customer Rating: Editions: Hardcover | Paperback

\*\*\*\*The Field: The Quest for the Secret Force of the Universe by Lynne McTaggart (Mandatory!) Edition: Hardcover

\*\*\*\* The Presence of the Past: Morphic Resonance & the Habits of Nature by Rupert Sheldrake (Mandatory!) Edition: Paperback | All Editions

\*\*\* Power vs. Force: The Hidden Determinants of Human Behavior by David R. Hawkins (Mandatory!)

## **Anatomy and Physiology:**

\*\*\*\* Review of Medical Physiology -- by William F. Ganong; Paperback  
Nervous System: Anatomy and Physiology (Netter Collection of Medical Illustrations, Volume 1, Part 1) by Frank H. Netter (Hardcover) Avg. Customer

\*\*\*\* Clinical Neuroanatomy  
by Stephen G., MD Waxman, Stephen G. Waxman  
Edition: Paperback

\*\*\*Illustrated Physiology (6th) by B. R. MacKenna, Robin Callander (Paperback - April 1997) Avg. Customer Rating: Editions: Hardcover | Paperback  
This book may be out of print; but used books are available and it is very good, and graphical

Clinical Neuroanatomy Made Ridiculously Simple (MedMaster Series, 2000 Edition) by Stephen Goldberg

Atlas of Human Anatomy by Frank H. Netter (Paperback) Avg. Customer Rating: Editions: Hardcover | Paperback

Clinical Anatomy for Medical Students -- by Richard S., MD Snell; Paperback

Textbook of Medical Physiology (Textbook of Medical Physiology, 10th Ed) by Arthur C., M.D. Guyton, John E. Hall (Textbook Binding) Editions: Hardcover | Textbook Binding

Pocket Companion to Textbook of Medical Physiology by Arthur C. Guyton, John E. Hall (Paperback) Avg. Customer Rating: Editions: Paperback | more...

Human Physiology and Mechanisms of Disease by Arthur C. Guyton, et al (Hardcover - January 1997) Editions: Hardcover

Guyton Physiology Review by Hall, John Hall (Paperback - September 2003)  
Not yet published